



Group Soundscape & Gong Bath with Helen Stillwell

Mells Tythe Barn, Selwood Street, Mells BA11 3PN

TUESDAY evenings start at 7.15pm Doors open at 7.00pm

Dates 2026

- 27th January
- 24th February
- 31st March
- 28th April
- 26th May
- 23rd June
- 15th September
- 20th October
- 17th November
- 15th December

Dates 2027

- 26th January
- 23rd March
- 27th April
- 25th May
- 28th September
- 16th November

Tickets £25.00 per person per session.

Tickets £22.00 per person per session.

An invitation for an hour of deep relaxation and Sonic Sounds a Monthly Group Sound and Gong Bath. Pre-Booking essential, invoiced by email.

Text, phone 07817 211907 or helenstillwell@btopenworld.com

Please bring a yoga mat, blankets, and pillow for your comfort. A bottle of water too for your hydration before and after your therapeutic sound journey with HELEN STILLWELL – Sound & Gong Master Practitioner.

Contact Helen Stillwell on 07817 211907 or <https://soulhorizons.co.uk/events/> for details and further information.