



Group Soundscape & Gong Bath with Helen Stillwell

**Mells Tythe Barn,
Selwood Street, Mells
BA11 3PN**

**TUESDAY evenings start at 7.15pm
Doors open at 7.00pm**

Dates 2025

- 28th January
- 25th February
- 29th April
- 20th May
- 15th July
- 16th September
- 28th October
- 16th December

Tickets £22.50 per person per session.

**Freshford Village Memorial Hall,
Freshford Lane, Freshford, Bath.
BA2 7UR**

**WEDNESDAY evenings starting at
7.15pm Doors open at 7.00pm**

Dates 2025

- 12th March
- 18th June
- 8th October

Tickets £25.00 per person per session.

An invitation for an hour of deep relaxation and Sonic Sounds a Monthly Group Sound and Gong Bath. Pre-Booking essential, invoiced by email.

Text, phone 07817 211907 or info@soulhorizons.co.uk

Please bring a yoga mat, blankets, and pillow for your comfort. A bottle of water too for your hydration before and after your therapeutic sound journey with HELEN STILLWELL – Sound & Gong Master Practitioner.

Contact Helen Stillwell on 07817 211907 or <https://soulhorizons.co.uk/events/> for details and further information.